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EVA Project: GREEN AND WELCOME NURSING HOME

Coordination



Nursing Home: La cité des Aînés

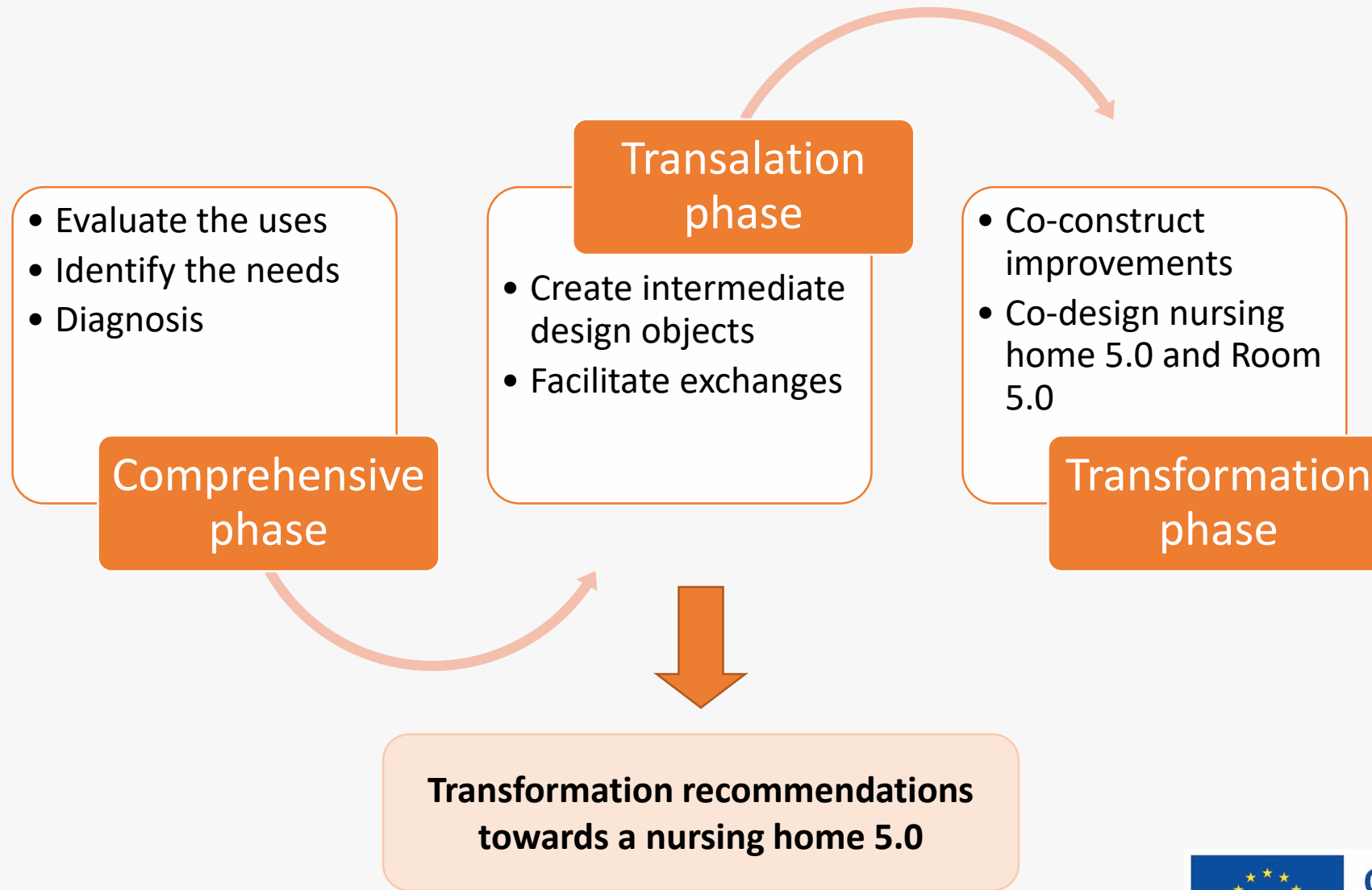
It's an establishment with autonomous residence housing and a nursing home.

It is an innovative nursing home that has various shared spaces (brasserie, wellness area, concierge, coworking, garden, cultural space, library) separated by a central avenue.

It is a case study as part of the CODEMO project to evaluate the organization and use of spaces in order to improve it.

- Example of deployment of Design Thinking approach, as part of 5.0 transformation process
- Progressive formalization of a 5.0 organizational transition methodology





COMPREHENSIVE PHASE

Objectives :

- Carry out an organizational diagnosis
- Identify needs and expectations (of residents, healthcare professionals, management, families and outsiders)
- Evaluate the appropriation and acceptance of the different areas

Methodology :

- Trace analysis: documents and data
- Interviews (healthcare professionals, management, activity leaders, residents, students)
- Observations (activities, organization, uses, spaces)
- Focus group: identify needs and expectations
- Survey online (healthcare professionals, families, management)

Results :

- Analysis of positive and negative aspects along 3 dimensions: human, technical and organizational, as well as 5.0 dimensions
- Identify solutions



TRANSLATION PHASE

Objectives :

- Building intermediate design objects to facilitate exchanges and prospecting
- Propose accessible and inclusive tools

Methodology :

- Identify problem situations and illustrate them graphically
- Create mockups of the nursing home spaces to help residents express their memories and problems (tangible mockups created with a 3D printer and the help of an engineer)



TRANSFORMATION PHASE

Objectives :

- Evaluating and co-constructing improvements for “La Cité des aînés”
- Co-designing nursing home 5.0 and Room 5.0

Methodology :

- 1 focus group with residents
- 2 Design Thinking sessions with a mix of profiles (residents, families, management and healthcare professionals)

Results :

- Recommendations for improving the “Cité des aînes
- Transformation recommendations for an nursing home 5.0



EXAMPLE OF RESULTS

Space utilization

- Define furniture and equipment: use simulations to help you make your choice
 - Have chairs, armchairs and equipment tested to ensure that they are adapted to residents' specific needs (call in an occupational therapist, for example).
 - Simulate the room 5.0 in an environment such as the MedtechLab apartment, and assess resident satisfaction.
- Define a framework for the use of each space and associated equipment (profiles, activities, free access or not...) with a clear description

Sustainability

- Continue actions already in place (awareness-raising workshops, energy-saving measures)
- Add rainwater harvesters or water reservoirs
- Organize public awareness-raising conferences
- Organize culinary activities using garden produce

Links between healthcare professionals and residents

- Suggest joint activities to strengthen ties (watching a soccer match, yoga, gymnastic, etc.).

Technological equipment

- Equip with tools to facilitate activities and associated modes of use (microphone, headset, telepresence robot) offer a simplified or audio-visual user guide

PERSPECTIVES

- Use the OMILAB tool to support automatic creativity analysis in DESIGN THINKING sessions

